

LTC Spiritual Growth Assessment Key

Descriptive Statement	Components
1. I would describe my faith as enjoying a personal relationship with God, not performing religious duties, rituals, or prayers to earn God's favor.	<i>grace</i>
2. I am disgusted with sin, have turned away from it, and am trying to please God.	<i>repentance</i>
3. I do not trust in my good works but have entrusted myself to Christ and what He did on the cross as the basis of my salvation.	<i>faith &amp; grace</i>
4. I let the Bible, not my feelings or actions, bring me peace re: my standing with God.	<i>assurance</i>
5. I am regularly attending a church that teaches the Bible.	<i>church connection</i>
6. I am unashamed of my faith in Christ. <i>(as evidenced by believer's baptism, regular witnessing, lifestyle, being ridiculed or even rejected by friends or family members, etc.)</i>	<i>baptism; life-change</i>
7. I believe the Bible to be God's word.	<i>authority</i>
8. I believe Jesus is the Son of God, the second Person of the Trinity, and the only means by which a person can become at peace with God.	<i>salvation in Christ alone</i>
9. I am telling others about my (new) life in Christ.	<i>life-change</i>
10. I have accepted and am fulfilling the responsibilities of a church member.	<i>church membership</i>
11. I am characterized by attending church weekly.	<i>membership</i>
12. I am connected with and regularly participate in a small group of fellow Christians for on-going bible study, support, and encouragement.	<i>small group connection</i>
13. I can clearly recognize the voice of God speaking to me through the Bible.	<i>hearing God</i>
14. I have a devotional time in the Bible and accompanied with prayer.	<i>daily QT</i>
15. I respond to God immediately, completely, without complaining and without challenge when He speaks to me.	<i>Obedience</i>
16. My prayers include praise, thanksgiving, confession, and requests.	<i>Prayer</i>
17. I communicate my faith story to those outside the faith.	<i>Witnessing</i>
18. I am controlled by the Holy Spirit throughout my day and obey His promptings.	<i>Holy Spirit</i>
19. I recognize temptation when it comes and take the way of escape.	<i>temptation</i>
20. I read God's word daily and am treasuring it by memorizing and meditating on it.	<i>Scripture memory</i>

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21. I understand the biblical mandate to give, and I consistently support the work of my church with at least a tithe.	<i>giving</i>
22. I am just as concerned to obey and do God's word as to hear and study it.	<i>obedience</i>
23. I respond appropriately to my three spiritual enemies ( <i>the world, the flesh, and the devil</i> ) that seek to hinder my growth.	<i>world, flesh, &amp; devil</i>
24. I understand the purpose of adversity and suffering in the Christian life and embrace it.	<i>trials</i>
25. I can intelligently defend my faith to an atheist, agnostic, Buddhist, Jehovah's Witness, or a Muslim.	<i>World-view; apologetics</i>
26. I can rationally explain why the Bible can be trusted to be God's Word.	<i>Apologetics</i>
27. I am concerned for the lostness of those around the world as well as for my neighbors.	<i>God's Global mission</i>
28. When offered, I participate in mission opportunities locally, nationally, or internationally.	<i>God's Global mission</i>
29. I support the work of missions, by praying for missionaries and giving financially to them.	<i>Giving; missions</i>
30. I reach out to serve the poor, the weak, and the broken around me.	<i>Service</i>
31. I use my spiritual gifts in my 'sweet spot' of ministry and bear fruit and feel fulfilled doing so.	<i>spiritual gifts</i>
32. I am intentional about building relationships with outsiders, praying regularly for them.	<i>evangelism</i>
33. I exercise appropriate self-control and restraint over my words and tongue.	<i>the tongue</i>
34. I fast and pray regularly for burdens, breakthroughs, or people God puts on my heart.	<i>Prayer</i>
35. My faith is demonstrated in my relationships with my spouse, parents, kids, and other close relationships.	<i>Healthy relationships</i>
36. I am willing to serve in an area of need from time to time even if out of my comfort zone.	<i>Humility</i>
37. I limit my freedoms gladly so as not to cause other believers to stumble	<i>Christian liberty</i>
38. I am no longer dependent on someone else to teach me the Bible; I can feed myself through a variety of different bible study methods and apply the Word appropriately.	<i>Growing in the Word</i>
39. I invest in and disciple younger Christians.	<i>Discipleship</i>
40. I think of and put others ahead of myself.	<i>Humility</i>

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41. I maintain healthy relationships with others and resolve conflict productively when it occurs.	<i>Healthy relationships</i>
42. I am submissive to the authorities God has set over me in my family, church, community, etc.	<i>Submission to Authority</i>
43. I put on the armor of God regularly to prepare for spiritual warfare.	<i>Spiritual warfare</i>
44. I worship and trust God in the midst of suffering and pain.	<i>Faith</i>
45. I teach and model to others how to build bridges of friendship and share the gospel with outsiders.	<i>Evangelism</i>
46. I am expanding my influence by training others to do what I do (my ministry).	<i>Leadership</i>
47. I can say 'No' when others ask me to serve long-term in an area for which I am not appropriately gifted or suited without feeling guilty.	<i>Boundaries; spiritual gifts</i>
48. When people correct me, I don't retaliate; though it hurts, I listen for any wisdom to be gained and make adjustments.	<i>Self-control</i>
49. I'm strategic about who or what I invest in - whether it be time, money, or relationships.	<i>Leadership</i>
50. I judge my own success as a teacher or leader based on my students' success or failure.	<i>Learner</i>
51. I 'blossom' and encourage people, unleashing them to fulfill their potential, with my words.	<i>Expectation</i>
52. When I teach, it's not just for information, but for transformation.	<i>Application</i>
53. I am increasingly aware of how much I do not know.	<i>Humility</i>
54. I read other books in addition to my Bible to nourish my faith.	<i>Teachability</i>
55. When I teach, I serve my students by packaging their content in a manner that makes it easy to remember.	<i>Retention</i>
56. When I teach, I engage people to lead them where I want them to go in the lesson.	<i>Need</i>
57. My own personal difficulties have served to further cement my faith in Christ; I thank God for them.	<i>Trials; Faith</i>
58. I spend extended time in prayer, interceding for the needs of others.	<i>Prayer</i>
59. I understand and have experienced the process of growing a new disciple much to be like parenting.	<i>Multiplication</i>
60. I am depositing more and more of the Word of God into my life to meditate on and live out!	<i>Bible; obedience</i>

LTC Spiritual Growth Assessment Key  
Identifying Traits, habits, skills, etc of different stages of spiritual development

**Infant** - having been firmly rooted; "in your faith..." Goal: SURVIVAL

1. Assurance of salvation
2. connected to a church
3. The Bible is God's word
4. public profession of faith through believer's baptism
5. appropriate understanding of repentance and grace
6. exhibiting some life change as fruit of repentance
7. sharing testimony of faith with another lost person

**Child** - and now being built up; "and to your faith, supply **moral virtue**, and to moral virtue, add **knowledge**, and to knowledge, add **self-control**..." Goal: STABILIZATION - being fed

8. church membership - fellowship and protection; regular church attendance
9. small group connection - support and on-going encouragement; group life
10. daily QT & hearing God speak & journal; personal worship
11. telling others about Jesus
12. growth in knowledge and obedience
13. prayer
14. scripture memory review
15. giving
16. HS
17. temptation
18. the enemy

**Teen** - and established in Him; "and to self-control, add **perseverance**, and to perseverance, add **godliness**, and to godliness, add **brotherly-kindness**..." Goal: STEADFAST FAITH & PERSPECTIVE

19. how do you respond in trials?
20. understanding why your faith is credible and believable; worldview;
21. God's global purpose and mission
22. leadership skills
23. comfortable sharing his/her faith
24. spiritual gifts and stewarded appropriately
25. fasting and praying
26. learning to feed yourself - bible study & obedience; helping others grow
27. relationships - marriage, parenting, conflict resolution
28. Christian liberty

**Adult** - entrust to faithful men who will in turn be able to teach others also; "and to brotherly kindness, add **love**..." Goal: REPRODUCING LEADERS AND DISCIPLES

29. intentional about building relationships with the lost;
30. sharing the gospel regularly with others; inviting the lost to church
31. knowledgeable of the Engel's scale and CBMC process
32. Able to teach and communicate well
33. investing in others; routinely equipping and releasing others to do what I do; building leaders
34. Handles trials with solid footing
35. still going deep in the word and prayer